



*Stairway to relaxation*





## Mahabir Palace

Mahabir Palace offers stylish and comfortable accommodations with beautifully decorated rooms and modern amenities in the heart of Kathmandu. The warm, inviting atmosphere and exceptional service ensure a memorable experience. Guests can enjoy authentic local and international cuisines at the Alchemy Restaurant and Wave Bar. Mahabir Palace is also perfect for meetings, workshops, and celebrations. Its versatile meeting halls are ideal for hosting everything from intimate family reunions to corporate events. At the same time, guests can seamlessly integrate wellness and fitness into their holiday at Mahabir Palace. Its pristine, air-conditioned spa provides a hygienic and relaxing atmosphere. Additionally, guests can maintain a fitness routine at the state-of-the-art gym, complete with a professional instructor.



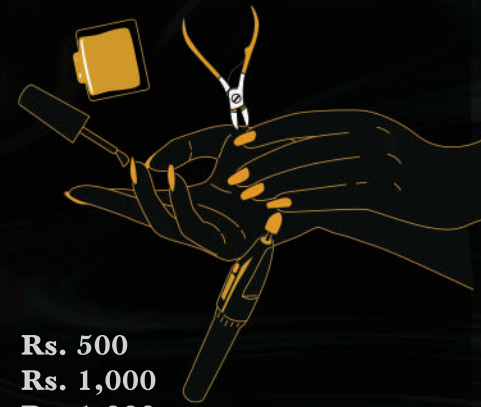
# SPA

## Salon & Beauty

Manicure & Pedicure	Rs. 2,500
Threading	Rs. 100
Facial	Rs. 3,000
Cleansing	Rs. 1,800

## Wax

Underarms	Rs. 500
Hands & Legs	Rs. 1,000
Bikini Wax	Rs. 1,000
Whole Body Wax	Rs. 2,500



## Package

Spa, Moroccan Spa & Steam (2hrs)	Rs. 4,000
Spa, Steam, Sauna & Moroccan Spa (2.5hrs)	Rs. 4,500
Spa, Steam, Sauna, Jacuzzi & Moroccan Spa (3hrs)	Rs. 5,000



# MASSAGE

## Foot Massage (1hr)

Foot scrubbing with one hour of turkish professional foot massage to ease tension, improve circulation & boost relaxation.

Rs. 2,000

## Full Body Massage (90mins/1hr)

Foot scrubbing, healing bowl therapy, massage focusing on specific parts of the body i.e. head, neck shoulder promoting relaxation stress relief & improved circulation.

Rs. 3,000/2,500

## Hot Stone (90Mins/2hrs)

Foot scrubbing, healing bowl therapy, massage using heated volcanic stones to melt muscle tension, improve circulation & create a deeply relaxing experience.

Rs. 4,000/5,000

## Sport Massage (1hr)

Foot scrubbing, healing bowl therapy, massage focusing on preventing injuries, improving flexibility & aiding muscle recovery.

Rs. 3,000





# MASSAGE



## Deep Tissue (90mins)

Rs. 3,000

Foot scrubbing, healing bowl therapy, massage for deeper muscle layers to release chronic tension, knots & improve mobility.

## Bali Massage (90mins)

Rs. 3,000

Foot scrubbing, healing bowl therapy, holistic massage combining acupressure, stretching & aromatherapy to promote relaxation, improve circulation & restore balance.

## Medical Massage (90mins)

Rs. 4,000

Foot scrubbing, healing bowl therapy & medical massage therapy focused on addressing specific medical conditions like pain management & rehabilitation.

## Mix Massage (Medical, Hot Stone) (90mins)

Rs. 5,000

Foot scrubbing, healing bowl therapy, combination of medical massage & massage using heated stones to relieve pain, improve circulation & promote healing.

## Aroma Therapy (90mins/1hr)

Rs. 3,000/Rs. 2,500

Foot scrubbing, healing bowl therapy, massage with essential oils to enhance relaxation, reduce stress & improve overall well-being.





# GYM

Nourish your body with all the essential nutrients loaded with savoriness while you sculpt your body!



## **Yearly Membership at Rs 80,000**

**Includes access to gym, sauna & steam facilities**

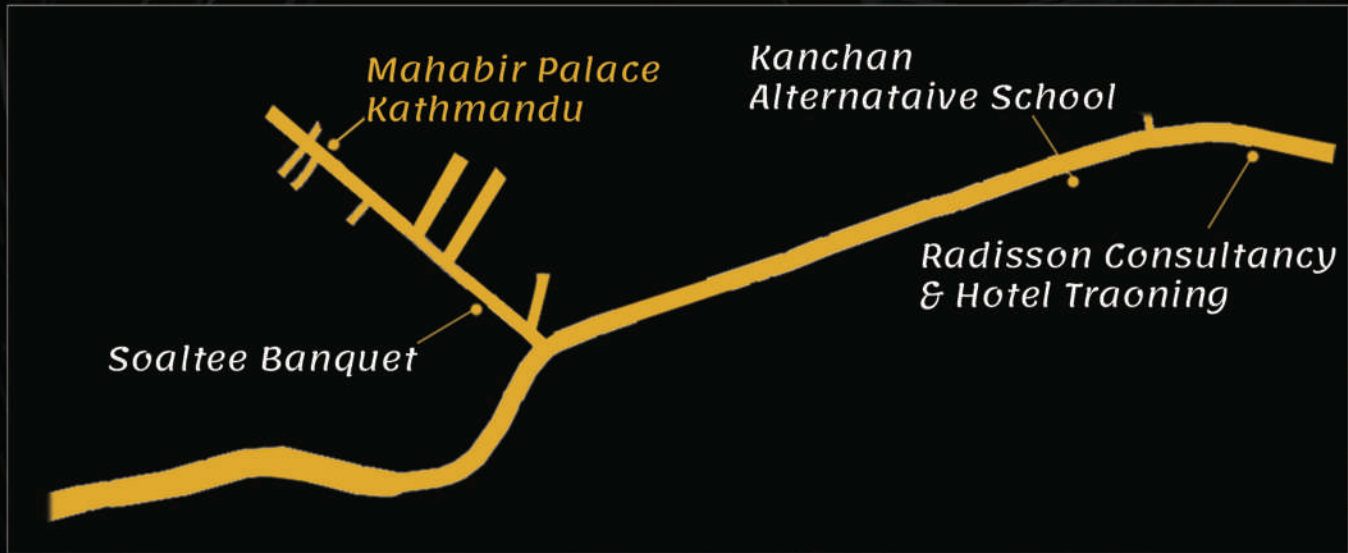
## **Biannually Membership at Rs 50,000**

**Commit to fitness with our 6-month package, inclusive of sauna & steam.**

## **Monthly Membership at Rs 10,000**

**Enjoy gym workouts, sauna & steam anytime!**





**SCAN ME**



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